



2017 Individual Coaching Program

Who this is for: You are seeking one-on-one, consistent support with establishing strategic, aligned goals and priorities. You're driven by a desire to take action and stay accountable. You are also interested in taking a holistic approach, one that is mindful of how the personal influences the professional.

Each Coaching Program includes:

- Two 60-minute sessions per month for six months
- Clients-Only Monday Motivational Email
- Online Coaching Session Focus Form and Weekly Goal Setting/Accountability Forms
- Clients-Only Resources area on TheIntrovertEntrepreneur.com
- Easy online monthly payment and scheduling/rescheduling options

6-Month Coaching Program Investment

Initial 90-minute Discovery Session: \$250 USD

Two 60-minute sessions per month: \$500 USD

Fine Print

This coaching program is a commitment to six consecutive calendar months, without breaks.

Before the penultimate session (#11 of 12) in your program, you'll be asked how you'd like to proceed. You can choose to come to completion in the final session of your program, or renew in three-month increments.

Consistency, commitment and communication are essential to an effective working partnership. Consider that if you enter into this partnership, you are 100% committed to your personal and professional growth, as well as to honoring your agreements with your coach and yourself.

Sessions take place via phone, Skype, Zoom, or in person in my downtown Tacoma office

Complete details about the Coaching Partnership can be found at theintrovertentrepreneur.com/work-with-beth/entrepreneur-coaching